


MRCUSD#238

K-12

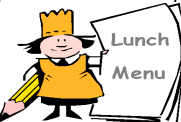
August Breakfast/Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
	<p>Order Meals ONLINE with GOOGLE Form</p> <p>Contact tallen@mr238.org or 309-734-3300 to arrange special pick up</p>	<p>Meal kits are to be Picked up 11 a.m.-1 p.m.</p> <p>Order student meals for ONLY those of your District Students who will eat school lunch</p>	<p>Order Meals for each week by 10 a.m. each WEDNESDAY</p>	<p>Each Day's Meal kit includes a ready to eat lunch and a breakfast for the next day</p>	<p>Order/Change Meal choices by 10 a.m. each FRIDAY</p>
	Monday	Tuesday	Wednesday	Thursday	Friday
<p>August 24-28th</p> <p>K-12 LUNCH</p>	<p>SunJamwich Honey Roast Sunflower seeds Assorted Grahams Power Up Mango Juice Baby Carrots/Ranch Assorted Fruit Cup Chocolate Milk</p>	<p>Ham Cheese Wrap Lays Potato Chips  Baked Beans  Assorted Fruit Cup Chocolate Milk</p>	<p>Chicken Fajita Salad WG Tortilla Strips Fiesta Dressing Salsa Cup  Assorted Fruit Cup Chocolate Milk</p>	<p>Turkey Cheese Sandwich  Toss Salad Diced Tomatoes/Celery Assorted Fruit Cup Chocolate Milk</p>	<p>Italian Dippers  Marinara Cup Broccoli Florets  Assorted Fruit Cup Chocolate Milk</p>
<p>Breakfast K-12</p>	<p>Nutrigrain/Poptart Craisins/Juice Box White Milk</p>	<p>Cinnamont Toast Bar Cupped Fruit/Juice White Milk</p>	<p>Breakfast Kit Cupped Fruit White Milk</p>	<p>Ultimate Brkfst Round Cupped Fruit/Juice White Milk</p>	<p>Cereal Bowl Cupped Fruit White Milk</p>
	Monday	Tuesday	Wednesday	Thursday	Friday
<p>August 31- Sept. 4th</p> 	<p>Yogurt Cheese Stick SunJamwich Baby Carrots/Ranch Assorted Fruit Cup Chocolate Milk</p>	<p>Hot Dog/Bun Assorted Chips/Grahams Cheesy Broccoli  Assorted Fruit Cup Chocolate Milk</p>	<p>Taco Meat/ Nacho Cheese Tostito Chips Fiesta Corn Salsa Assorted Fruit Cup Chocolate Milk</p>	<p>Hamburger/Bun  Oven Potatoes  Assorted Fruit Cup Chocolate Milk</p>	<p>Chicken Tender Salad WG Animal Crackers Ranch Dressing  Juice Cup Chocolate Milk</p>
<p>Breakfast K-12</p>	<p>Cereal Bowl Craisins/Juice Box White Milk</p>	<p>Cherry Frudel Cupped Fruit/Juice White Milk</p>	<p>Yogurt/Cornmuffin Cupped Fruit/Juice White Milk</p>	<p>Cheese Stick/Scooby Grhms Cupped Fruit White Milk</p>	<p>Apple Cinn Donut Cupped Fruit White Milk</p>

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PRK August Breakfast/Lunch Menu

PRK MENU

PRK MENU	Monday	Tuesday	Wednesday	Thursday	Friday
August 24-28th 	SunJamwich Power Up Mango Juice Assorted Fruit Cup White Milk	Ham Cheese Wrap Baked Beans Assorted Fruit Cup White Milk	Chicken Fajita Salad Ranch Dressing WG Tortilla Strips Assorted Fruit Cup White Milk	Turkey Cheese Sandwich Toss Salad Assorted Fruit Cup White Milk	Italian Dippers Marinara Cup Assorted Fruit Cup White Milk
Breakfast K-12	<i>1 oz Cereal</i> <i>Juice Box</i> <i>White Milk</i>	<i>Grahams</i> <i>Cupped Fruit</i> <i>White Milk</i>	<i>1oz Cereal</i> <i>Cupped Fruit</i> <i>White Milk</i>	<i>Ultimate Brkfst Round</i> <i>Cupped Fruit</i> <i>White Milk</i>	<i>1oz Cereal</i> <i>Juice Cup</i> <i>White Milk</i>
	Monday	Tuesday	Wednesday	Thursday	Friday
August 31- Sept. 4th	SunJamwich Baby Carrots/Ranch Assorted Fruit Cup White Milk	Hot Dog/Bun Cheesy Broccoli Assorted Fruit Cup White Milk	LOL Cheddar Cheese Cup Tostito Chips Salsa Cup Assorted Fruit Cup White Milk	Hamburger/Bun Oven Potatoes Assorted Fruit Cup White Milk	Chicken Tenders WG Animal Crackers Power UP Juice Box Assorted Fruit Cup White Milk
Breakfast K-12	<i>1 oz Cereal</i> <i>Juice Box</i> <i>White Milk</i>	<i>Yogurt</i> <i>Cupped Fruit</i> <i>White Milk</i>	<i>Corn Muffin</i> <i>Cupped Fruit</i> <i>White Milk</i>	<i>Cheese Sitck</i> <i>Cupped Fruit</i> <i>White Milk</i>	<i>Scooby Grahams</i> <i>Juice Cup</i> <i>White Milk</i>