

Daily Sides Offered: Two different Vegetables, Assorted Fruits, Skim and 1% Milk choice, Water

JH: Garden Fruit Bar available as a option on most days. Salad is offered on most days.

MRHS: Boxed Lunch Option starts February 11th  *Complete Lunch includes Fruit & Vegetable with or w/o Choice of Milk*

 Mon-Sunbutter Jelly Jammer/ Cheese Stick/Grahams Tues- Turkey Sandwich/Goldfish Weds-Yogurt/Sflower Seeds/Graham Thurs- Tuna Sandwich /Rice Krispie Treat Friday-NONE

**Crispy Chicken/bun**

Second Entrée:

CIS- Sunbutter/Jelly Uncrustable

JH- Garlic French Bread

HS- Garlic French Bread

**Macho Beefy Nachos**

Second Entrée:

CIS- Sunbutter/Jelly Uncrustable

JH- Grilled Chicken/Bun

HS- Cheeseburger SUB

**All Meat Pizza**

Second Entrée:

CIS- Sunbutter/Jelly Uncrustable

JH- Cheese Quesadilla/Salsa

HS- Cheese Quesadilla/Salsa

SNOW DAY ADJUSTED MENU

**Beefy Spanish Rice**

Second Entrée:

CIS- Sunbutter/Jelly Uncrustable

JH- Burrito Taco Snak/Salsa

HS- Burrito Taco Snak/Salsa

**Sloppy Joe/Goldfish**

Second Entrée:

CIS- Sunbutter/Jelly Uncrustable

JH- Garlic French Bread

HS- Garlic French Bread

**Fish Sticks/ MacnChez**

**HS-Fish Sandwich**

Second Entrée:

CIS- None

JH-NONE

HS- Double Toasted Cheese

**Chicken Nuggets/Pretzels**

Second Entrée:

CIS- Sunbutter/Jelly Uncrustable

JH- Grilled Chicken/Bun

HS- Cheeseburger SUB

**Hamburger/ Ranch Doritos**

Second Entrée:

CIS- Sunbutter/Jelly Uncrustable

JH- Cheese Quesadilla/Salsa

HS- Cheese Quesadilla/Salsa

**Chicken Veggie Noodle**

Second Entrée:

CIS- Sunbutter/Jelly Uncrustable

JH- Burrito Taco Snak/Salsa

HS- Burrito Taco Snak/Salsa

NO SCHOOL

NO LUNCH

**Hot Ham n Cheese**

Second Entrée:

CIS- Sunbutter/Jelly Uncrustable

JH- Grilled Chicken/Bun

HS- Cheeseburger SUB

**Soup n Sandwich**

Second Entrée:

CIS- Sunbutter/Jelly Uncrustable

JH- Cheese Quesadilla/Salsa

HS- Cheese Quesadilla/Salsa

**Italian Pasta/Garlic Bread**

Second Entrée:

CIS- Sunbutter/Jelly Uncrustable

JH- Burrito Taco Snak/Salsa

HS- Burrito Taco Snak/Salsa

**Cheese Pizza**

Second Entrée:

CIS- None

JH-NONE

HS- Double Toasted Cheese

**Crispito w/Nachos**

Second Entrée:

CIS- Sunbutter/Jelly Uncrustable

JH- Grilled Chicken/Bun

HS- Cheeseburger SUB

**Grilled Chicken/Grahams**

Second Entrée:

CIS- Sunbutter/Jelly Uncrustable

JH- Cheese Quesadilla/Salsa

HS- Cheese Quesadilla/Salsa

**Turkey Corndogs/Fritos**

Second Entrée:

CIS- Sunbutter/Jelly Uncrustable

JH- Burrito Taco Snak/Salsa

HS- Burrito Taco Snak/Salsa

**Beef Stroganoff w/Roll**

Second Entrée:

CIS- Sunbutter/Jelly Uncrustable

JH- Garlic French Bread

HS- Garlic French Bread

**Salisbury Steak/Roll**

Second Entrée:

CIS- None

JH-NONE

HS- Double Toasted Cheese

**FEBRUARY 2019**

MONMOUTH-ROSEVILLE K-12